

Co-op Ffrwythau a Llysiau Cymenedol

£3 y bag. Pob Nos Wener, 5.30-6.30yp
Canolfan Chwaraeon Maes Glas, Ffordd Ffriddoedd

Bwyd Lleol!



Local Food!

Community Fruit & Veg Co-op

£3 per bag. Every Friday 5.30-6.30pm
Maes Glas Sports Centre, Ffriddoedd Road



RRU
Rural Regeneration Unit

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www.ruralregeneration.org.uk