



Prifysgol Bangor mewn partneriaeth â
Grŵp Llandrillo Menai

SESIWN 1
20 Hydref 2015
6.00-7.00 p.m.

7.00-7.30 p.m.
7.30-8.30 p.m.

YR HENOED MEWN
SALWCH: TRINIAETH
GYDAG URDDAS YN YR
YSBYTY NEU YN Y CARTREF?
Professor Bimal Bhowmick
*Holistic Hospital Care at Home -
Rhetoric to Reality*
Egwyl
Ann Conway
*They already have a bed, let them stay in
theirs*

SESIWN 2
17 Tachwedd 2015
6.00-7.00 p.m.

7.00-7.30 p.m.
7.30-8.30 p.m.

SEICOLEG HAPUSRWYDD 2
Dr. Rebecca Sharp
*Happiness: Lessons from behaviour
analysis*
Egwyl
Dr. Fay Short
*Stop thinking yourself miserable -
Rational Thinking for Positive Self-
Management*

SESIWN 3
19 Ionawr 2016
6.00-7.00 p.m.
7.00-7.30 p.m.
7.30-8.30 p.m.

IECHYD CYHOEDDUS
CYMRU: CYDRADDOLDEB
MEWN GOFAL IECHYD
Mr. Andrew Jones
*Improving Health and Tackling
Inequalities*
Egwyl
I'w gadarnhau

SESIWN 4
9 Chwefror 2016
6.00-7.00
7.00-7.30 p.m.
7.30-8.30 p.m.

GENETEG GYFOES
Professor Thomas Caspari
How to clone a Prime Minister
Egwyl
Dr. Rita Cha
How to mend a broken DNA

SESIWN 5
15 Mawrth 2016
6.00-7.00 p.m.
7.00-7.30 p.m.
7.30-8.30 p.m.

IECHYD MEDDWL
Mr. David Coyle
*Parity of Esteem - transforming the
priority of mental health*
Egwyl
Mr. Russell Jones
*Parity of Esteem - transforming the
priority of mental health 2*

SESIWN 6
12 Ebrill 2016
6.00-7.00 p. m.
7.00-7.30 p.m.
7.30-8.30 p.m.

CEFNOGAETH, ADFERIAD AC
YMDOPI Â STRAEN
Dr. Paul Carre
*Emotions, Rationality and Personal
Growth in Formative Social Contexts*
Egwyl
i'w gadarnhau

**DARLITHOEDD
CYHOEDDUS AR IECHYD
A LLES, CYFRES VI
Hydref 2015 - Ebrill 2016**

Venue Cymru, Llandudno

nos Fawrth, 6.00 p.m. - 8.30 p.m.

Mae'n rhad ac am ddim ond rhaid cofrestru i archebu lle

Rhoddir tystysgrif bresenoldeb ar gais

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