

Prifysgol BANGOR University

Catgoreiddio Risg Covid-19 ar gyfer Gweithgaredd "mewn Person" (adn. 04 Medi 2020)

Er mwyn cynorthwyo'r ymateb Prawf, Orlhain ac Amddiffyn (sef, Test, Trace & Protect, TTP) ac i ganolbwyntio sylw at risg Covid, dylid catgoreiddio gweithgareddau yn dri grŵp risg sylfaenol, Gwyrdd, Ambr a Choch.

Mae'r categorïau gweithgaredd yn adlewyrchu'r risg trosglwyddo canfyddedig Covid-19, sy'n gysylltiedig ag Iechyd Cyhoeddus Cymru a meini prawf TTP ar gyfer hunan-ynysu. Mae categorïau hefyd yn galluogi'r Brifysgol ac eraill i ymateb i achosion cadarnhaol Covid-19 yn bragmataidd, gan roi sylw dyledus i risg y gweithgaredd. Nodir na ddylai rheolaethau i reoli risgiau SARS-CoV-2 Covid-19 gyfaddawdu ar iechyd a diogelwch.

Bydd catgoreiddio hefyd yn galluogi Colegau a Gwasanaethau i ganolbwyntio ar y gweithgareddau hynny sydd â risg gynhenid Covid-19, uwchlaw'r hyn a allai fod yn wir mewn darlithoedd traddodiadol sydd â phellter cymdeithasol digonol.

Categori o Weithgaredd 'Covid-19'	Disgrifiad
	<p>Gweithgareddau y gellir eu cyflawni'n llawn yn unol â chanllawiau diogel Covid-19</p> <ul style="list-style-type: none">Gweithgareddau y gellir eu cyflawni'n ddiogel gydag o leiaf 2 fetr yn pellhau'n gymdeithasol mewn lleoliadau addas neu'r tu allan, fel arfer am ddim mwy na 2-3 awr, ac nid ydynt yn dibynnu ar unrhyw liniaru neu reolaethau Covid ychwanegol er mwyn i'r gweithgaredd gael ei berfformio'n ddiogel. <p>Mae angen gwisgo gorchuddion wyneb ym mhob man yn y Brifysgol.</p> <p>Bydd Asesiadau Risg Cyffredinol ar waith *</p> <p>TTP: ar gyfer gweithgareddau yn y grŵp hwn mae'n <u>annhebygol</u> pe bai achos covid-19 positif yn y garfan y gofynnir i eraill hunan-ynysu</p>
	<p>Gweithgareddau sydd â lefel uwch o risg drosglwyddo Covid-19 ond y gellir eu cyflawni gyda phrotocolau diogel Covid ychwanegol. Fel:</p> <ul style="list-style-type: none">Gweithgareddau wyneb yn wyneb sy'n digwydd am fwy na 15 munud rhwng pellter cymdeithasol 1 a 2 fetr, gan gynnwys gyda lliniaru fel gorchuddion wyneb a fisorauGweithgareddau a allai gynhyrchu erosolau neu ddefnynnau anadlol ychwanegol, ond nid ar lefelau sylweddol, ac na fydd pellter cymdeithasol 2 fetr yn unig yn ddigonol i reoli risgGweithgareddau sydd â sawl elfen hyd byr lle bydd dau neu fwy yn gweithio o fewn 2 fetr i ymgymryd â gweithgaredd cynhyrchu nad yw'n erosol / defnynRhannu trafndiaeth, fel CoetsGweithgareddau eraill sydd â nodweddion risg tebyg i'r enghreifftiau uchod

	<p>Cyfiawnhad: Rhaid cyfiawnhau gweithgareddau ar y raddfa “Ambr” a dim ond lle nad oes dewis arall ymarferol a lle ceir sicrwydd y gellir ymgymryd â'r gweithgaredd yn ddiogel.</p> <p>Bydd angen Asesiadau Risg Gweithgaredd a / neu Weithdrefnau Gweithredu Safonol **.</p> <p>Rhaid i'r Pennaeth Ysgol neu'r Cyfarwyddwr Gwasanaeth Proffesiynol gymeradwyo'r holl weithgareddau Ambr.</p> <p>TTP: ar gyfer gweithgareddau yn y grŵp hwn mae'n <u>bosibl</u> pe bai achos Covid-19 positif fydd ofyn i eraill yn y garfan hunan-ynysu.</p>
	<p>Gweithgareddau lle na ellir defnyddio gweithdrefnau safonol Covid-diogel yn llawn ac mae potensial cynyddol ar gyfer trosglwyddo Covid-19, er bod y risg yn cael ei lleihau i gyn lleied ag sy'n rhesymol ymarferol.</p> <p>Gweithgareddau fel:</p> <ul style="list-style-type: none"> • Gweithgareddau cynhyrchu aerosol neu ddefnyn lefel uchel, gydag eraill mewn perygl o ddod i gysylltiad • Canu a gweiddi uchel (gan gynnwys corau) y tu allan i reolaethau a bennir gan safon genedlaethol briodol • Cysylltiadau croen i groen • Cyswllt uniongyrchol o fewn 1 metr, am 1 munud neu fwy • Arferion gweithio agos (e.e. gweithio fel parau a thimau bach, yn aml o fewn 1 metr) • Rhannu ceir am fwy na 15 munud • Gweithgareddau eraill sydd â nodweddion risg tebyg i'r uchod. <p>Cyfiawnhad: Rhaid cyfiawnhau gweithgareddau ar y raddfa “Goch” a dim ond lle nad oes dewis arall ymarferol y mae'n rhaid ymgymryd â hwy, a rhaid ymgymryd â'r gweithgaredd, ac na ellir ei gyflawni na'i ddarparu mewn unrhyw ffordd arall.</p> <p>Bydd angen Asesiadau Risg Gweithgaredd a / neu Weithdrefnau Gweithredu Safonol **.</p> <p>Bydd angen cymeradwyaeth berthnasol ar lefel Gweithredol ar gyfer y gweithgareddau hyn.</p> <p>TTP: ar gyfer gweithgareddau yn y grŵp hwn mae'n <u>sicr</u> pe bai achos covid-19 positif yn y garfan y gofynnir i gysylltiadau eraill hunan-ynysu</p>

* Bydd Asesiad Risg Covid-19 (gweithgareddau academaidd) yn cael ei gynhyrchu'n ganolog, mewn ymgynghoriad ag undebau Colegau, Gwasanaethau a'r Undebau, fel sy'n berthnasol.

** Bydd yr Ysgol / Gwasanaeth yn cynhyrchu Asesiadau Risg Covid-19, mewn ymgynghoriad ag Iechyd a Diogelwch canolog ac eraill, fel sy'n berthnasol. Bydd y rhain yn ychwanegol at yr asesiadau risg safonol ar gyfer y gweithgaredd.

TTP: Test, Trace and Protect

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Covid-19 Risk Categorisation for “in-Person” Activity (v. 04 September 2020)

To aid the test, trace and protect (TTP) response and to focus attention to Covid risk, activities should be categorised into three primary risk groups, Green, Amber and Red.

The categorisations of activity reflect the perceived potential Covid-19 transmission risk, related to Public Health Wales and TTP criteria for self-isolation. Categorisations also enable the University and others to respond to Covid-19 positive cases pragmatically, having due regard to the risk of the activity. It is noted that measures to controls the risks of SARS-CoV-2 (Covid-19) must not compromise other aspects of health and safety.

Categorisation will also enable Colleges and Services to focus on those activities that have an inherent Covid-19 risk, above that which may be the case in traditional lecture spaces with adequate social distancing.

Category of ‘Covid-19’ Activity	Description
	<p>Activities that can be undertaken fully in accordance with Covid-19 secure guidelines</p> <ul style="list-style-type: none"> • Activities that can safely be undertaken with a minimum of 2 metres social distancing in suitably locations or outside, normally for no more than 2-3 hours, and do not rely on any additional Covid mitigation or controls for the activity to be performed safely. <p>The wearing of face coverings is required within all University spaces.</p> <p>General Risk Assessments will be in place*</p> <p>TTP: for activities in this group it is <u>unlikely</u> that were there a covid-19+ case in the cohort that others will be requested to self-isolate</p>
	<p>Activities that have an increased level of potential risk of Covid-19 transmission but can be undertaken with added Covid secure protocols. Such as:</p> <ul style="list-style-type: none"> • Face-to-Face activities that occur for more than 15 minutes between 1 and 2 metres social distancing, even if mitigation measures, such as face coverings and visors, are used • Activities that may generate additional respiratory aerosols or droplets, but not at significant levels, and which 2 metre social distancing alone may not be sufficient to control risk • Activities that have multiple short duration elements where two or more will work within 2 metres undertaking non-aerosol/ droplet producing activity • Sharing transport, such as Coaches • Other activities with similar risk characteristics to the above examples <p>Justification: Activities in the “Amber” scale must be justified and only be undertaken where there is no practical alternative and where assurance is gained that the activity can be undertaken safely.</p>

	<p>Activity Risk Assessments and /or Standard Operating Procedures will be required**.</p> <p>The Head of School or Director of Professional Service must approve all Amber activities.</p> <p>TTP: for activities in this group it is <u>possible</u> that were there a covid-19+ case others in the cohort will be requested to self-isolate</p>
	<p>Activities where standard Covid-secure procedures cannot be fully employed and there is an increased potential for Covid-19 transmission, even though risk is reduced to as low as is reasonably practicable. Examples include:</p> <ul style="list-style-type: none"> • High level aerosol or droplet producing activities, with others at risk of exposure • Loud singing and shouting (incl. Choirs) outside of controls specified by an appropriate national standard • Skin to skin contacts • Direct contact within 1 metre, for 1 minute or more • Regular close working routines (e.g. working as pairs & small teams, often within 1 metre) • Car sharing with for more than 15 minutes • Other activities with similar risk characteristics to the above. <p>Justification: Activities in the “Red” scale must be justified and only be undertaken where there is no practical alternative and the activity <u>must</u> be undertaken, and cannot be undertaken or provided in any other way.</p> <p>Activity Risk Assessments and /or Standard Operating Procedures will be required**.</p> <p>Relevant Executive-level approval will be required for these activities.</p> <p>TTP: for activities in this group it is <u>certain</u> that were there a covid-19+ case in the cohort that other contacts will be requested to self-isolate</p>

* Covid-19 Risk Assessment (academic activity) will be produced centrally, in consultation with Colleges, Services and Trades Unions, as applicable.

** Covid-19 Risk Assessments will be produced by the School/Service, in consultation with central Health and Safety and others, as applicable. These will be in addition to the standard risk assessments for the activity.

TTP: Test, Trace and Protect
