

This Information Sheet provides guidance and outlines the Policy Standard on how drivers can ensure they are medically fit to drive on University related business. It forms a series of Information Sheets which supports the *Driver and Vehicle Safety Policy Standard*.

Any person driving on on University related business must ensure:

- They are fit to do so
- Their state of health allows them to drive without the influence of drink, drugs or illnesses causing a danger to other road users, passengers or themselves
- If contracted to drive as part of their duties, takes part in Health Checks when directed by their College / Service and / or by the Occupational Health Practitioner

It is imperative drivers monitor their own health; notifying the Line Manager and / or Occupational Health Practitioner (if required) immediately of medical conditions that cause sudden ill health and / or affect vision, consciousness or concentration which could place them or others at risk when driving.

In addition, all drivers have a statutory responsibility to notify the Driver and Vehicle Licensing Agency (DVLA) of certain medical conditions with extra rules applying to drivers of minibuses (between 9 and 16 passenger seats) and buses. In addition, as part of the University's Insurance requirements drivers must also notify their College / Service if they drive on University business and have any such condition. The drivers own personal vehicle insurance provider will also need to be informed.

You must tell DVLA if you have a driving licence and:

- you develop a 'notifiable' medical condition or disability
- a condition or disability has got worse since you got your licence

Notifiable conditions are anything that could affect your ability to drive safely. They can include:

- diabetes or taking insulin
- syncope (fainting)
- heart conditions (including atrial fibrillation and pacemakers)
- sleep apnoea
- epilepsy
- strokes
- glaucoma

Further Information

The [DVLA Medical Conditions Webpage](#) offers more information on statutory medical condition notifications, and you can [check if a health condition affects your driving](#).

For other general information regarding driver licensing visit the main DVLA Website at <https://www.gov.uk/browse/driving/driving-licences>.