International Arrivals – Travel, Testing & Quarantine – EASY GUIDE

Before making arrangements to travel to the UK/Bangor, you should check if your country has been categorised by the UK Government as Red, Amber, or Green. You can do so here:

https://gov.wales/rules-foreign-travel-and-wales-coronavirus-covid-19-html

This webpage also explains the rules for travelling to Wales from these different listed countries.

The Welsh Government has also issued general guidance on COVID-19 testing and isolation: Travel to Wales: COVID-19 testing and isolation | GOV.WALES

It is your responsibility to ensure you comply with the latest regulations for both travel and arrival in the UK, so please double check the latest guidance before you travel.

What do I need to do if I'm travelling from a Red-listed country?

If you are travelling, or passed through, a country categorised as red-listed, you will only be able to enter the UK via a designated port of entry in England or Scotland and isolate for 10 days in a nearby managed quarantine hotel. There are no designated ports of entry in Wales.

You will have to pay the cost of this managed, quarantine hotel, but the University may reimburse these costs (see below).

Prior to/on arrival

You will need to:

- Provide your journey and contact details by completing a passenger locator form
 <u>Fill in your passenger locator form GOV.UK (www.gov.uk)</u>
 (This can be done electronically prior to arriving in Wales and you may be requested to present these details at your point of arrival.)
- Have proof of a negative coronavirus (COVID-19) test, taken no more than 72 hours before departure (Pre Departure Test – PDT)
- Quarantine for 10 days in a managed quarantine hotel. Details are here:
 Red, amber and green list rules for entering England GOV.UK (www.gov.uk) (see the 'Red List rules' section).
- Take a coronavirus (COVID-19) test on or before day 2 and on or after day 8 of quarantining.

Both the managed quarantine and testing must be pre-booked before arrival via the UK booking site. You should make the booking after you have received your study visa, at the same time as you book your flights.

You will not be able to transit to Wales until you have completed the hotel quarantine. This applies to all travellers intending to travel to Wales.

Travel to Bangor

On the 11th morning, having completed your 10-day quarantine and received two negative tests, you will be able to travel to Bangor. You can either travel direct from the hotel, or the hotel will transport you back to the port of arrival, where you can make travel arrangements from there.

For information on how to get to Bangor, please contact the University International Support Office at: internationalsupport@bangor.ac.uk

Accommodation in Bangor.

If you have booked a room in University Halls, please inform the Halls Office of your arrival date and time following the end of your 10-day quarantine period, by completing the Travel & Quarantine Form here

You should also confirm you have been in a Government approved hotel and have completed the 10-day quarantine period and have had a negative covid test.

Cost of managed quarantine hotels.

How much you'll need to pay

1 adult in 1 room for 10 days (11 nights) £2,285 Additional rate for 1 adult (or child over 11) £1,430 Additional rate for a child aged 5 to 11 £325

There is no charge for children under 5.

The cost of managed quarantine includes food, transport, security, testing and essential wraparound services, such as medical care and welfare checks.

If you have to extend your stay because of a positive day 2 or day 8 test you will not be charged extra.

Bangor University Quarantine Bursary

To enable new international students living in a UK government red list country to travel to Bangor University for the start of the academic year, the University will reimburse the cost of quarantine up to a maximum of £2,285. Students will have to pay the quarantine costs initially, and reimbursement will be made as a tuition fee discount, and applied to the student's University account.

Students will be required to meet the eligibility criteria and adhere to the terms and conditions in order to receive the bursary. Upon arrival at Bangor University, students should submit a request for reimbursement together with required supporting documentary evidence. Further details can be found here

The University has produced a useful information page here: https://sway.office.com/cClkjZWc2w3bUBsR?ref=Link

What do I need to do if I'm travelling from an Amber-listed country?

Check if your country is listed as 'Amber' by the UK Government. You can do so here: https://gov.wales/rules-foreign-travel-and-wales-coronavirus-covid-19-html

Before travelling to the UK from an Amber listed country, you should check the Welsh Government Guidance on what you should do before departure and on arrival. This is available here:

Rules for foreign travel to and from Wales: coronavirus (COVID-19) [HTML] | GOV.WALES (see the 'Travellers arriving in Wales from an amber list country' section).

It is your responsibility to ensure you comply with the latest regulations for both your travel and arrival in the UK, so please double check the latest guidance before you travel.

What you need to do before and after you travel depends on whether you have:

- been fully vaccinated under the UK vaccination programme, or
- been fully vaccinated in the United States of America, or EU countries, or
- <u>not</u> been fully vaccinated.

If you are not fully vaccinated: Prior to departure, you must:

- Complete a Passenger Locator Form <u>Fill in your passenger locator form GOV.UK</u> (www.gov.uk)
- Have proof of a negative coronavirus test taken no more than 72 hours before departure: https://gov.wales/travel-wales-covid-19-testing-and-isolation
- Pre-booked a testing package for all travellers aged 5 and above for COVID-19 testing at Day 2 and Day 8 following your arrival. (Please note you cannot book tests with a private test provider as they are not accepted in Wales). You pre-book the test here:
 https://quarantinehotel.ctmportal.co.uk/Quarantine/Home.aspx?country=Wales
- If you will be living in University accommodation, it is very important you give that address when pre-booking the test package.
- Isolate for up to 10 days. Those under 18, arriving from amber countries (except for France) do not need to isolate.

The University has produced a useful information page here: https://sway.office.com/HBVu2ueC0sMQvAS2?ref=email

If you have been fully vaccinated in the EU or USA, and more than 14 days have elapsed since your second vaccine dose: Prior to departure, you must

- complete a Passenger Locator Form <u>Fill in your passenger locator form GOV.UK</u> (www.gov.uk)
- must have a <u>pre-departure test certificate</u> which shows a negative covid test within 72 hours before departure.
- must have pre-booked your <u>post-arrival test</u> to be taken at day 2. The test package is £88 and can be booked through the <u>CTM</u>
 Portal: https://quarantinehotel.ctmportal.co.uk/quarantine/?country=Wales&vacc=Y

Please note you cannot book tests with a private test provider and that this is the only Welsh Government approved supplier.

• do not need to isolate.

You will have to prove your fully vaccinated status before you travel. You do this on the Passenger Locator Form and also by providing it to your carrier (airline, ferry, train). If you cannot prove that you have been fully vaccinated, you must then follow the rules for those who have <u>not</u> been fully vaccinated.

The University has produced a useful information page here: https://sway.office.com/xeLgZTeS90dPx2EB?ref=email

Can I isolate in University Halls accommodation?

Yes, if you have <u>pre-booked</u> a room on campus (for the year, or a semester for Exchange/Study Abroad students), you will be able to self-isolate in that room for the 10-day period.

It is very important that you inform the Halls office of your intended arrival date by completing the Travel & Quarantine Form prior to your arrival here:

During the 10-day isolation period, you should remain in your accommodation, not go outside or have visitors, and remain in your room and only use the kitchen area to heat your meals. Meals should be eaten in your room. The Halls office will support you by providing:

- 3 meals per day,
- A bedding pack,
- Essential utensils,
- Cleaning materials

You will also be contacted on a regular basis by Halls staff to check on your wellbeing.

Should you test positive during day 2 or 8 of your isolation period, you must inform the Halls Office.

I am not living in University accommodation, what about isolation

If you are traveling from an Amber listed country, and need to self-isolate for 10 days, you may be able to do so in University accommodation, even if you intend to live off-campus in rented accommodation.

The University may be able to provide a room on campus, and provide the above support, at a cost of £320. Once the 10-day isolation period is over, and you have tested negative for coronavirus, you can then move to your off-campus accommodation.

If you have already booked your private accommodation, then you can self-isolate there but must let your landlord know your arrival date and time. You should also ask if they can provide any support during your self-isolation.

When can I arrive in Halls accommodation?

It is important that you inform the Halls Office of your intended arrival date by completing the Travel & Quarantine Form here

If you need to self-isolate, you can arrive from the 10th of September and the Halls team will endeavour to accommodate you in your booked room. In some cases, it may be necessary to use

alternative accommodation. It is essential you confirm early arrival with the Halls office to ensure you have the correct address for your Passenger Locator Form and for the delivery of your testing kits.

Please note that we can only accept arrivals in Halls before the 15th September in exceptional circumstances, so you will need to contact the Halls office if this applies to you, as there is limited capacity.

What do I need to do if I'm travelling from a Green-listed country?

Check if your country is listed as 'Green' by the UK Government. You can do so here: https://gov.wales/rules-foreign-travel-and-wales-coronavirus-covid-19-html

If you are arriving in Wales from a green list country and you have not been in a red list or amber list country at any time in the 10 days before entering Wales: You will need to:

- Provide your journey and contact details by completing a passenger locator form
 (This can be done electronically prior to arriving in Wales and you may be requested to
 present these details at your point of arrival) <u>Fill in your passenger locator form GOV.UK</u>
 (www.gov.uk)
- Have proof of a negative coronavirus (COVID-19) test for all travellers aged 11 or above, taken no more than 72 hours before departure (Pre Departure Test – PDT)
- Take a coronavirus (COVID-19) test on or before day 2. The coronavirus (COVID-19) test must be pre-booked before arrival via <u>the UK booking site</u>. <u>International Arrivals – Managed</u> <u>Quarantine in a Hotel (ctmportal.co.uk)</u>

This applies to all travellers intending to travel to Wales.

If you are living in University accommodation, remember to give your halls address when pre-booking the coronavirus day 2 test.

The University has produced a useful information page here: https://sway.office.com/xeLgZTeS90dPx2EB?ref=Link