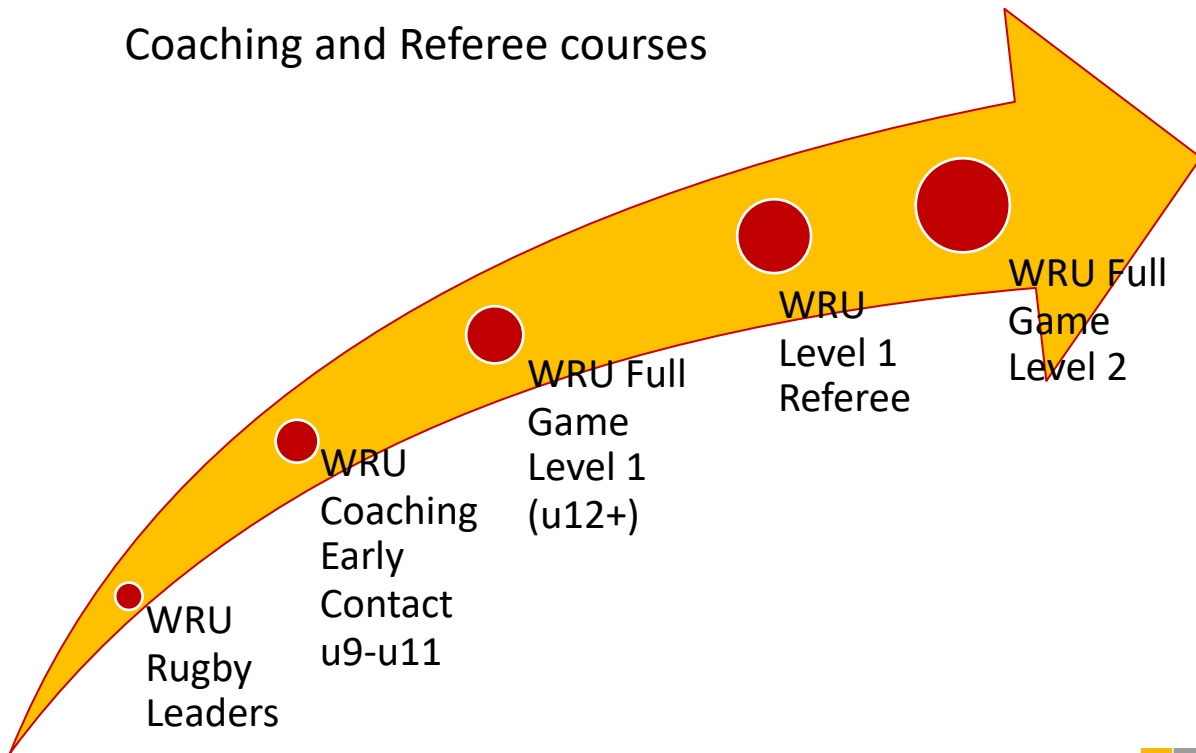


# Coaching & Refereeing Development

## Coaching and Referee courses



Here at Bangor University, we provide all students an opportunity to gain valuable experience coaching within the community. To provide you with the knowledge and confidence we will support you through the WRU coaching and refereeing courses whilst you study at Bangor. Below we have listed when you would complete the courses in order to progress onto the next.

Year 1 – Rugby Leaders and Coaching early contact

Year 2 – Full Game Level 1 and Referee Level 1

Year 3 - Full Game level 2

Experience will be gained by leading coaching sessions in the local schools with other students and progressing onto coaching at Bangor RFC or your own rugby club.

By coaching in schools and the club you gain vital experience working with children and professional staff as well as volunteers at the rugby club.