

Whole student development

Rugby Performance Program

- Specific strength and conditioning program
- Performance and individual video analysis (Performance Squad only)
- Afternoon skills sessions (Performance Squad only)
- Evening team sessions

Coaching & Refereeing Development

- Access to WRU coaching/refereeing courses
- Pathway to CPD (Continuous personal development)
- Opportunity to work closely with local schools and rugby club
- Build vital working partnerships to increase individual employability

Volunteer Program

- Participate within impactful work that will assist you with gaining valuable skills and improve your employability
- Actively work within the University and local community



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