# International Arrivals – Travel, Testing & Quarantine – EASY GUIDE

From 4am Monday 4 October 2021, the rules for international travel to Wales change to a single <u>red</u> <u>list</u> of countries and *simplified travel measures for arrivals from the rest of the world* (the Green and Amber list categories no longer apply)

Please check the guidance for your country here:

https://gov.wales/rules-foreign-travel-and-wales-coronavirus-covid-19-html

This webpage also explains the rules for travelling to Wales from these different listed countries.

The Welsh Government has also issued general guidance on COVID-19 testing and isolation: Travel to Wales: COVID-19 testing and isolation | GOV.WALES

It is your responsibility to ensure you comply with the latest regulations for both travel and arrival in the UK, so please double check the latest guidance before you travel.

# What do I need to do if I'm travelling from a Red-listed country?

If you are travelling, or passed through, a country categorised as red-listed, you will only be able to enter the UK via a designated port of entry in England or Scotland and isolate for 10 days in a nearby managed quarantine hotel. There are no designated ports of entry in Wales.

You will have to pay the cost of this managed, quarantine hotel, but the University may reimburse these costs (see below).

#### Prior to/on arrival

You will need to:

- Provide your journey and contact details by completing a passenger locator form
  Fill in your passenger locator form GOV.UK (www.gov.uk)
  (This can be done electronically prior to arriving in Wales and you may be requested to present these details at your point of arrival.)
- Have proof of a negative coronavirus (COVID-19) test, taken no more than 72 hours before departure (Pre Departure Test – PDT)
- Quarantine for 10 days in a managed quarantine hotel. Details are <a href="here">here</a>: (see the 'Red List rules' section).
- Take a coronavirus (COVID-19) test on or before day 2 and on or after day 8 of quarantining.

Both the managed quarantine and testing must be pre-booked before arrival via <a href="the-UK booking">the UK booking</a> site. You should make the booking after you have received your study visa, at the same time as you book your flights.

You will not be able to transit to Wales until you have completed the hotel quarantine. This applies to all travellers from Red List Countries intending to travel to Wales.

# **Travel to Bangor**

On the morning of the 11<sup>th</sup> day, having completed your 10-day quarantine and received two negative tests, you will be able to travel to Bangor. You can either travel direct from the hotel, or the hotel will transport you back to the port of arrival, where you can make travel arrangements from there.

For information on <u>how to get to Bangor</u>, please contact the University International Support Office at: internationalsupport@bangor.ac.uk

## Accommodation in Bangor.

If you have booked a room in University Halls, please inform the Halls Office of your arrival date and time (following the end of your 10-day quarantine period) by completing the Travel & Quarantine Form <a href="here">here</a>

You should also confirm you have been in a Government approved hotel and have completed the 10-day quarantine period and have had a negative covid test.

### Cost of managed quarantine hotels.

## How much you'll need to pay

1 adult in 1 room for 10 days (11 nights) £2,285 Additional rate for 1 adult (or child over 11) £1,430 Additional rate for a child aged 5 to 11 £325

There is no charge for children under 5.

The cost of managed quarantine includes food, transport, security, testing and essential wraparound services, such as medical care and welfare checks. If you have to extend your stay because of a positive day 2 or day 8 test you will not be charged extra.

## **Bangor University Quarantine Bursary**

To enable international students living in a UK government red list country to travel to Bangor University for the start of the academic year, the University will reimburse the cost of quarantine up to a maximum of £2,285. Students will have to pay the quarantine costs initially, and reimbursement will be made as a tuition fee discount, and applied to the student's University account.

Students will be required to meet the eligibility criteria and adhere to the terms and conditions in order to receive the bursary. Upon arrival at Bangor University, students should submit a request for reimbursement together with required supporting documentary evidence. Further details can be found <a href="https://example.com/here">here</a>

The University has produced a useful information page here: https://sway.office.com/cClkjZWc2w3bUBsR?ref=Link

# What do I need to do if I'm travelling from a Non Red List Country?

The rules for travel from countries and territories not on the red list will depend on your *vaccination status*.

## **Definition of Fully Vaccinated**

For the purposes of international travel you qualify as being fully vaccinated if you are vaccinated:

- under an approved vaccination programme in the UK, Europe, USA or UK vaccine programme overseas
- with a full course of the Oxford/AstraZeneca, Pfizer BioNTech, Moderna or Janssen vaccines from a relevant public health body in Australia, Antigua and Barbuda, Barbados, Bahrain, Brunei, Canada, Dominica, Israel, Japan, Kuwait, Malaysia, New Zealand, Qatar, Saudi Arabia, Singapore, South Korea, Taiwan or the United Arab Emirates (UAE)

Formulations of the 4 listed vaccines, such as AstraZeneca Covishield, AstraZeneca Vaxzevria and Moderna Takeda, qualify as approved vaccines if administered in one of the countries or vaccination programmes listed above

You must have had a complete course of an approved vaccine at least 14 days before you arrive in Wales.

Where 2 doses of a vaccine are required for a full course, you are considered to be fully vaccinated where you have had:

- 2 different types of vaccine, for example Oxford/AstraZeneca and Moderna
- 2 vaccinations under 2 different approved programmes, for example Australia and Japan, UK and USA, EU and Canada

If you are arriving from a country that is not on the red list of countries and are fully vaccinated, you must follow the <u>rules for people travelling to Wales who are fully vaccinated</u> outlined below.

If you are fully vaccinated but **do not fit into the criteria above** then you must follow the <u>rules for people travelling to Wales who are not fully vaccinated</u> outlined below.

It is your responsibility to ensure you comply with the latest regulations for both your travel and arrival in the UK, so please double check the latest guidance before you travel.

You can check the Wales Guidance here:

https://gov.wales/rules-foreign-travel-and-wales-coronavirus-covid-19-html

# If you are 'fully vaccinated':

Please check the <u>Definition of fully-vaccinated</u> to check if you qualify. If you are fully vaccinated but **do not fit into the required criteria above** then you must follow the <u>rules for people travelling to</u> Wales who are not fully vaccinated.

People arriving in Wales, from a country not on the red list, who are fully vaccinated must:

- complete a passenger locator form
- take a post arrival test at day 2 (not required for children under 5)
- do not need to isolate for 10 days

Post arrival tests must be booked before your departure either:

- on the CTM booking portal, or
- from a private provider listed on GOV.UK

On the CTM booking portal you can book an NHS COVID-19 PCR test for £68.

If you choose a private test provider from GOV.UK, you should only buy 'self-swab at home' tests. Please note, any reference to your arrival in England on the GOV.UK pages for day 2 test providers include arrival into Wales.

Should your address or contact details change whilst you are in Wales then you must update this as and when required by submitting a new passenger locator form (on GOV.UK).

You will need to provide proof that you are fully vaccinated before you travel

Please note it is your responsibility to check the <u>latest guidance</u> before you travel to ensure that there have not been any changes

# If you are Not 'Fully Vaccinated':

People arriving in Wales who are not fully vaccinated and have not been in a red list country in the previous 10 days must:

- complete a passenger locator form
- have proof of a negative coronavirus test, taken no more than 72 hours before departure (not required for children under 11)
- take coronavirus tests during your 10 day isolation (not required for children under 5)
  - o on (or before) day 2 and;
  - o on or (after day) 8
- isolate for up to 10 days (not required for under 18s)

Post arrival tests must be booked before your departure either:

- on the CTM booking portal, or
- from a private provider listed on GOV.UK

If you **transit through a Red List Country** on your way to the UK then you may need to follow the rules for arrivals from red List Countries

Please note it is your responsibility to check the <u>latest guidance</u> before you travel to ensure that there have not been any changes

## Can I isolate in University Halls accommodation?

Yes, if you have <u>pre-booked</u> a room on campus (for the year, or a semester for Exchange/Study Abroad students), you will be able to self-isolate in that room for the 10-day period.

It is very important that you inform the Halls office of your intended arrival date by completing the Travel & Quarantine Form prior to your arrival here:

During the 10-day isolation period, you should remain in your accommodation, not go outside or have visitors, and remain in your room and only use the kitchen area to heat your meals. Meals should be eaten in your room. The Halls office will support you by providing:

- 3 meals per day,
- A bedding pack,
- Essential utensils,
- Cleaning materials

You will also be contacted on a regular basis by Halls staff to check on your wellbeing.

Should you test positive during day 2 or 8 of your isolation period, you must inform the Halls Office.

## I am not living in University accommodation, what about isolation?

If you need to self-isolate for 10 days, you may be able to do so in University accommodation, even if you intend to live off-campus in rented accommodation.

The University may be able to provide a room on campus, and provide the above support, at a cost of £320. Once the 10-day isolation period is over, and you have tested negative for coronavirus, you can then move to your off-campus accommodation.

If you have already booked your private accommodation, then you can self-isolate there, but must let your landlord know your arrival date and time. You should also ask if they can provide any support during your self-isolation.