

DO IT YOURSELF TRIPS

INTERNATIONAL STUDENT SUPPORT OFFICE



PRIFYSGOL
BANGOR
UNIVERSITY

SPA DAYS



Tre-Ysgawen Hall
Capel Coch, Llangefni



Bodysgallen Hall
Llandudno

DESCRIPTION:

Tre-Ysgawen Hall & Spa has an excellent local reputation. Converted from the Victorian stables and retaining many of the original features, the Spa is luxurious and of a very high standard. Tre-Ysgawen Hall is an award-winning hotel. There is also a restaurant (booking essential).

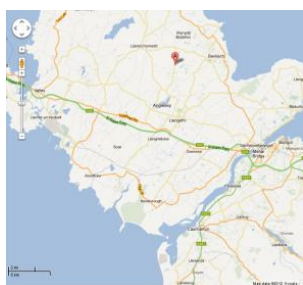
WEBSITE:

<http://www.treysgawen-hall.co.uk/spa.html>

PRICES: Treatments £32 - £60. Half Day £75. Full Day £110. [Special Offers](#)

HOW TO GET THERE:

Public Time: 45mins – 1 hour
Transport: Cost: Approx. £15, or less if you share a taxi.
Details: [Bus](#) to Llangefni or Benllech, then a [taxi](#) to Tre-Ysgawen Hall.
Taxi: If you are a group, it will be quicker and cheaper to book a [taxi/minibus](#).
Car: 30 minutes, 15 miles.
Postcode for SatNav: LL77 7UR
[Directions](#)



MORE INFO:

[Reviews](#)

DESCRIPTION:

Bodysgallen Hall's website reports that it has been voted 'One of the Top 10 Luxury UK Spas'. The Spa includes a swimming pool, steam room, sauna, solarium, gym, beauty treatment and therapy rooms, a relaxation room, and café. Bodysgallen Hall is also a hotel and restaurant.

WEBSITE:

<http://www.bodysgallen.com/luxury-spa/>

PRICES: Treatments £30-£90. Half Day £65/£95. Full-Day Luxury £160/£210. [Special Offers](#)

HOW TO GET THERE:

Public Time: 35 mins
Transport: Cost: £10-15, less if you share taxi.
Details: The nearest train station is Llandudno Junction, which is 2 miles from the Spa. Then take a taxi.
Taxi: If you are a group, it may be quicker and cheaper to book a [taxi/minibus](#).
Car: 25 minutes, 15 miles.
Postcode for SatNav: LL30 1RS
[Directions](#)



MORE INFO:

[Reviews](#)