



## Student Counselling Service

### Aims and objectives

- Provide a range of effective therapeutic approaches to students in a responsive and flexible way. Use the professional expertise in the team to provide psychological help that is acceptable, timely, equitable, appropriate and effective, in order to support students through their University experience;
- Measure and demonstrate the impact and value of our service to the University and its students;
- Develop activities that foster the emotional resilience and self-reliance of students;
- Maintain professional competencies of staff to enable them to meet service demands and provision;
- Maintain effective referrals and collaborative ways of working with other teams, services and departments.