

Improving your reading

- **Practice** makes perfect. There is no quick fix. Your reading improves the more you read. Your proficiency improves with a particular style of text, the more you read that style. The more practiced you're at a particular style, the faster you will read it.
- Read not only for study but for **pleasure**. If you begin to enjoy reading, you will read more.
- **Read aloud** when appropriate. Sometimes, it's easier to read something aloud, or have someone or something (Read & Write, NVDA, Jaws) to read it to you.
- Keep reading, do not let a difficult word stop you. Just **skip it** and complete the sentence. Revisit the word and check its definition later. Perhaps add it to a crib sheet.
- **Comprehension** of the text is most important. Taking longer to understand a little bit is preferable to speed reading pages and not knowing anything.
- Organise a "**journal swap**" or academic book club. This is a great way of introducing yourself to different articles and subjects.