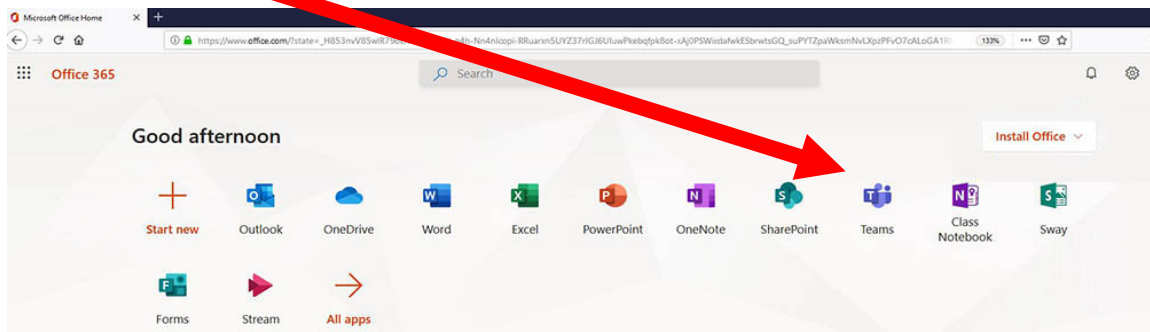


## How to use Microsoft Teams for 1:1 support

1. Type [office.com](https://office.com) into the address bar of your web browser.
2. Click [Office 365 Login](#).
3. **Sign in** using your **Bangor University username** and **password**.
4. Click [Teams](#).



5. Click [Use the web app instead](#).
6. When your **1:1 tutor calls**, your screen will look like this:



7. Click here for **a video call** with your 1:1 tutor. Click here for **an audio call**.