



PRIFYSGOL  
**BANGOR**  
UNIVERSITY

## Dyspraxia

We are on the Lower Ground Floor, Neuadd Rathbone, College Road, Bangor, LL57 2DF

To make an appointment to see an adviser:

Tel: 01248 383620 / 01248 382032

E-mail: [disabilityservice@bangor.ac.uk](mailto:disabilityservice@bangor.ac.uk)

<http://www.bangor.ac.uk/student-services/disability/dyslexia.php.en>

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**Dyspraxia**, sometimes known as **Developmental Coordination Disorder (DCD)**, arises from neurological processing differences that characteristically affect co-ordination: the word 'praxis' means 'doing and acting'<sup>1</sup>. These can result in problems with speech, general movement, spatial perception, and fine motor skills.

Typical problems associated with dyspraxia arise with:

- Organisation.
- Time-management.
- Memory - forgetfulness.
- Speed of processing.
- Balance and hand/eye coordination.
- Attention and concentration.
- Sensitivity to sounds, lights and other sensory stimuli.
- Sequencing and flow of ideas.
- Speech - pronunciation may be affected or speech may be too fast, too loud, or too slow.
- Visual problems - difficulty tracking print or skimming and scanning for information.
- Handwriting, and sometimes a lack of hand dominance.

"I'm incredibly poorly co-ordinated and have very slow reflexes. . . I've been known to fall up and down stairs and be quite clumsy. But I was in my element pressing the buzzer [on University Challenge]."<sup>2</sup>

However, the strengths that dyspraxic students often show are numerous:

- A strong motivation to succeed.
- Determination.
- Creative and original thinking.
- Excellent problem-solving ability.

<sup>1</sup>[www.ox.ac.uk](http://www.ox.ac.uk): accessed 30<sup>th</sup> July 2014

<sup>2</sup><http://www.telegraph.co.uk/health/3354324/Dyspraxia-clumsy-but-clever.html>