

Dyslexia Team



PRIFYSGOL
BANGOR
UNIVERSITY

Dysgraphia

We are on the Lower Ground Floor, Neuadd Rathbone, College Road, Bangor, LL57 2DF

To make an appointment to see an adviser:

Tel: 01248 383620

E-mail: disabilityservice@bangor.ac.uk

<http://www.bangor.ac.uk/student-services/disability/dyslexia.php.en>

This leaflet is available in alternative formats

"Dysgraphia is a neurological condition that causes a disruption of information between the brain and the fine motor skills of the hand."¹ As the process of writing requires a complex set of information processing skills as well as motor skills, handwriting can often prove challenging.

The difficulties associated with dysgraphia include:

- A gap between written ideas and understanding demonstrated through speech - written expression.
- Executing fine motor tasks including handwriting legibility.
- Writing accurately - letter/number reversals or mis-sizing and sometimes misspellings may be a feature of the handwriting.
- Pain while handwriting - may worsen when stressed.

"I am 30 years old and have handwriting like a 5 year old! . . . I am still very embarrassed to write in front of people. At school I found that once I was allowed to use a laptop in class and in tests and everyone just accepted me for what I was, my life became SO much easier."²

Students should find that various specific strategies can be used to circumvent any dysgraphic problems.

If you would like to know more about **dysgraphia**, please see:

<http://dysgraphia.org.uk>

¹<http://www.ed.ac.uk>: accessed 30th July 2014

²http://community.tes.co.uk/tes_special_educational_needs/f/59/t/493813.aspx 2011

