



Counselling Service

Aims and objectives

Provide a range of effective therapeutic approaches to students in a responsive and flexible way. Use the professional expertise in the team to provide psychological help that is acceptable, timely, equitable, appropriate and effective, in order to support students through their University experience

- Involve service users and stakeholders in strategy development
- Effectively prioritise resources to help those most in need
- Provide and monitor an accessible service to students of diverse needs who may otherwise find it difficult to obtain help.
- Maintain professional competencies of staff to enable them to meet service demands and provision
- Measure and demonstrate the impact and value of our service to the University and its students
- Maintain effective referrals and collaborative ways of working with other teams, services and departments