



Careers and Employability



Counselling Service



Disability Services



Student Administration



Student Engagement



Student Support



Study Skills Centre



Faith Provision



### **Student Services**

We provide services for students across the full range of matters concerned with life as a student, from settling into University life, to fulfilling your academic potential and developing the skills needed for future employment. All of our services are provided by experienced professionals with the specialised knowledge to support your academic progression and develop your potential so you can succeed in your future careers goals. Student Services is committed to continuously improving our services to best meet the needs of our diverse student body, and we welcome your feedback.

Tel: 01248 382024

E-mail: studentservices@bangor.ac.uk www.bangor.ac.uk/studentservices



## Careers and Employability

The Careers & Employability service helps students to acquire and develop the skills which will be important to them in later life, in particular employability skills. A range of work and placement opportunities are provided, the emphasis is on the development of personal and transferable skills which will prove useful when it comes to applying for jobs. CES has access to a widespread network of local businesses, graduate recruiters (local and national), voluntary and charitable organisations and professional bodies. It sources and promotes a comprehensive range of local, national and international graduate opportunities, as well as work placements and internships, volunteering opportunities and local part-time jobs. We run a range of events throughout the academic year, including job-hunting skills workshops, employer-led skills development sessions and presentations, and fairs.

The Bangor Employability Award (BEA) is designed to enhance the immediate and longer-term career prospects of our students, both undergrads and postgrads. It offers free opportunities to gain the skills and experiences employers need, based on up-to-date research.



## Careers and Employability

The Award also offers free training courses, interview preparation, access to online careers software and helps develop a skills portfolio of evidence for employers.

B-Enterprising provides students with opportunities to develop their enterprise skills through interactive workshops, competitions and test trading activities as well as one to one mentoring provision to support budding entrepreneurs to develop business ideas.

The 'GO Wales' project helps to develop students' employability skills and increase their chances of obtaining graduate level employment upon leaving university. With the support of an advisor, we work with students one-to-one, to explore the best options for work experience opportunities.

Tel: 01248 382071

E-mail: careers@bangor.ac.uk www.bangor.ac.uk/careers



# Counselling Service

The Student Counselling Service offers a variety of resources to support students during their time at University. We would encourage students who are seeking support to look at our Self-Help resources in the first instance – these include 'Self-Help links, podcasts and APPS' and 'Information Handouts' on a variety of topics.

The Service offers groups, workshops and lectures for students throughout the academic year including iCan workshops, Building Resilience lectures and Mindfulness.

The Service offers the opportunity to talk through personal and troubling issues in a safe, confidential environment with a professional, trained counsellor.

The Big White Wall is available 24/7 for online peer and professional support with trained staff. Enter your Bangor University email address to gain free access to the service - www.bigwhitewall.com.



# Counselling Service

Tel: 01248 388520

E-mail: counselling@bangor.ac.uk www.bangor.ac.uk/studentservices/counselling



# **Disability Services**

Not everyone who uses Disability Services will think of themselves as disabled. We use this single term to cover the barriers faced by students with a wide range of physical and sensory impairments, long-term health conditions, mental health difficulties and specific learning differences (SpLDs) such as dyslexia, dyspraxia or ADHD.

**Personal Learning Support Plans (PLSPs)** 

Set out arrangements and strategies required to assist in overcoming barriers. Documentary evidence is required.

**Disabled Students' Allowances (DSAs)** 

We can help students apply to their funding provider for DSAs to help meet the extra costs in organising and meeting study requirement as a result of disability.

#### **Assessment Centre**

Free face-to-face informal screenings are available to students who think they may have dyslexia and / or another SpLD. A full diagnostic assessment, if appropriate, can then be carried out by one of our qualified assessors. There is a cost, however Bangor University students receive a substantial discount.



# **Disability Services**

#### **Access Centre**

Our accredited Access Centre carries out Study Needs Assessments for DSAs. If you are thinking of studying at Bangor, we can help you to reclaim the cost of attending our appointment.

#### SpLD support

Advisory support and one-to-one specialist study skills support is available to students with SpLD.

#### **Disability Advisers**

Provide information about disability, the services and support which might be available and advise on strategies to make studying and everyday tasks more manageable.

#### **Mental Health Advisers**

Information, advice and support is available to students recovering from mental illness, or who experience the onset of mental health difficulties or a mental health crisis whilst at University. We assess mental health needs and help to avert or manage crisis situations, as well as provide information about mental health issues and services.



### **Disability Services**

Non-Medical Help

We have a team of specialist practical assistants, note-takers, specialist tutors and specialist mentors.

**Confidentiality** 

Discussions are in confidence and information will only be shared on a 'need to know' basis within the University, when appropriate, and with your permission.

Tel: 01248 383620 / 382032

E-mail: disabilityservice@bangor.ac.uk www.bangor.ac.uk/studentservices/disability



### **Student Administration**

Student Administration supports and supplements the University's teaching and learning activities, providing students with a range of essential services such as timetabling, exams and graduation. There are four main Student Administration hubs at Bangor University – Science Site (based in the Wheldon Building); Main Arts (based on the first floor of the New Arts Building); Normal Site (based in Eifionydd) and Fron Heulog/Wrexham (based on Fron Heulog).

- Staff in these Hubs can help with queries such as:
- Certificates of Registration (for opening a bank account etc)
- Online enrolment and registration
- Module choices
- Submission of coursework and any queries relating to marks and exams.

Tel: 01248 388484

E-mail: student-admin@bangor.ac.uk

www.bangor.ac.uk/ar/main/sturec/index.php.en



# Student Engagement

At Bangor, we want to work with students to make their university education the best it can be. That's why we conduct a range of surveys and campaigns to give students the opportunity to give us feedback and get involved.

**#TogetherWe** is a University-wide student feedback campaign that demonstrates how staff and students have worked together, in order to make changes.

**Course Evaluation** happens at the end of each semester, giving

students the chance to provide feedback to their lecturers. **The National Student Survey (NSS)** is for final year undergraduates to provide feedback on their time as a student.

The Graduate Outcomes Survey is a national survey, designed to capture the career destinations of graduates 15 months after they have finished their studies.

Tel: 01248 388476

E-mail: studentengagement@bangor.ac.uk www.bangor.ac.uk/studentengagement



### Student Support

**Equality and Diversity**The Student Equality and Diversity Officer is a specialist member of staff offering advice and guidance to students on a wide range of issues relating to harassment, hate crime, sexual and domestic violence.

Tel: 01248 388021

E-mail: inclusive@bangor.ac.uk

www.bangor.ac.uk/inclusive-community

Student Housing

Advertising properties via www.bangorstudentpad.co.uk, to providing guidance on contracts and housing issues, the Student Housing Office can help students make the right housing choices.

Tel: 01248 382034/382883

E-mail: studenthousing@bangor.ac.uk

www.bangor.ac.uk/studentservices/studenthousing



### Student Support

**Money Advice** 

The Money Support Unit can help on all aspects of student funding including:

Undergraduate funding for full and part-time courses - including student finance entitlement, appeals and reassessments.
Postgraduate funding - advice on possible funding opportunities.

 University Bursaries and Scholarships – the University is keen to ensure that students from all backgrounds have access to adequate funding during their studies. A range of bursaries and scholarships are available for new and returning students each year.

• Hardship Fund and Crisis Grant - The Fund provides discretionary financial help to support students who face unexpected financial hardship during an academic year. The fund is available to all

registered students.

**Budgeting** - Being able to manage your finances as a student is very important, contact the Unit if you need any need help with putting together a budget, or need financial advice on managing your money.

Tel: 01248 383566 / 383637

E-mail: moneysupport@bangor.ac.uk

www.bangor.ac.uk/studentservices/moneyadvice



## Student Support

#### **Interruptions to Studies**

The University recognises that things don't always go to plan. Advice and guidance for students who find they need to take a break in their studies, or leave the University.

Tel: 01248 383566

E-mail: studentsupport@bangor.ac.uk

www.bangor.ac.uk/studentservices/student\_support



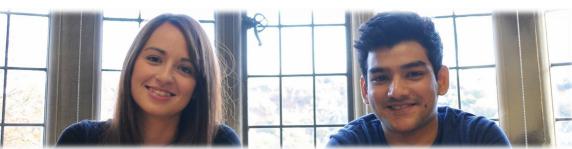
# Study Skills Centre

We provide the following range of individual and group-based activities to help you to develop your approach to academic writing, maths, statistics, exams, task management, and research:

- Writing and study skills appointments
- Maths and statistics appointments and drop-in sessions
- · Study Skills and dissertation workshops
- PhD writing groups
- Online resources

Appointments and workshop places can be booked online.

Our writing and study skills appointments are consistently rated 5 star by undergraduate and postgraduate students, and are staffed by a team of Study Advisers and fully trained Peer Writing Mentors. Our approach places you and your goals at the centre of discussion and can be used to explore such things as writing and reading strategies, ways of organising ideas, planning and time management. We can help you to develop draft essays through to final drafts, and to enhance your proofreading skills.



# Study Skills Centre

The Centre's maths and statistics service offers individual appointments and a timetabled drop-in. The service is driven by your questions and staffed by an experienced tutor. Help can be given with exercises, tutorial sheets, past exam papers, Safemedicate, and with statistical methods and analysis (SPSS and Excel in particular).

Across the academic year we run workshops that provide an opportunity for you to explore and develop core academic study and research skills in discussion with other students. The workshops are cross-disciplinary, and as well as providing an orientation to study at University, they focus on topics such as analysing assignments, presenting with confidence, making the most of feedback, writing research proposals, and tackling literature reviews.



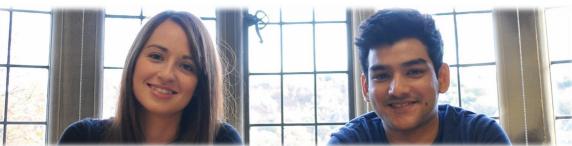
## Study Skills Centre

Our research writing groups provide an opportunity for doctoral students to share writing and their approach to producing a thesis, and provide an excellent opportunity to build a community and to gather feedback. The groups meet fortnightly and, being cross-disciplinary, heighten the need to develop clarity of thought and expression.

The Centre's website houses a collection of text-based and interactive study resources that you can dip into in order to reflect upon your approach to academic study. Guidance is offered on writing, reading, research, presentations, exams, and referencing.

Tel: 01248 382689

E-mail: studyskills@bangor.ac.uk www.bangor.ac.uk/studyskills



### **Faith Provision**

**Chaplaincy Team** 

The Chaplaincy Team at Bangor University is affiliated to and works with Student Services to offer, on a multi-faith basis, pastoral care and support to both students and staff of the University.

Belonging to different faith traditions, the team meets regularly to ensure a coordinated approach to faith matters whilst respecting the different beliefs and traditions we hold.

E-mail: chaplaincy@bangor.ac.uk

#### **Rathbone Building Facilities**

The Rathbone Annexe on College Road has a Quiet Room available during teaching hours for individuals to use for silent prayer and contemplation.

There is also a meeting room in the Rathbone Annexe which is available for groups to book for faith-based activities.



### **Faith Provision**

The Rathbone Annexe has separate male and female toilets as well as an accessible toilet all with ritual washing facilities.

#### **Muslim Prayers**

The Meeting Room in the Annexe is available for Muslim Prayers between 12.30pm and 3.30pm Monday to Friday. The room is divided in half by a curtain to provide separate space for male and female prayers with separate entrances.

E-mail: faith@bangor.ac.uk

www.bangor.ac.uk/studentservices/faith



### Other Support

#### **Student Health**

The Bodnant Medical Centre provides a wide range of medical facilities for Students between 8am and 6.30pm. Menai Avenue, Bangor.

Tel: 01248 364492

# University Security Tel: 01248 382795

E-mail: security@bangor.ac.uk

#### **Halls Office**

Tel: 01248 382667

E-mail: halls@bangor.ac.uk

#### Students' Union

Tel: 01248 388000

E-mail: undeb@undebbangor.com



### Get In Touch



Neuadd Rathbone, College Road, Bangor, Gwynedd, LL57 2DF

Tel: 01248 382024

E-mail: studentservices@bangor.ac.uk www.bangor.ac.uk/studentservices/

