

Bangor University in partnership with
Grŵp Llandrillo Menai

SESSION 1
11 October 2016
6.00-7.00 p.m.
7.00-7.30 p.m.
7.30-8.30 p.m.

YOUNG PEOPLE AND MENTAL
HEALTH
Dr. Tracey Lloyd
*Health and Well-being in young people – support
and coping mechanisms*
Break
Dr. Fran Garrad-Cole
Anxiety: Riding the roller-coaster

SESSION 2
15 November 2016
6.00-7.00 p.m.
7.00-7.30 p.m.
7.30-8.30 p.m.

POSITIVITY AND WELLBEING
Dr. Nia Pickering
Self-harm and Suicide Awareness
Break
Dr. Fay Short
Psychology of Abuse

SESSION 3
17 January 2017
6.00-7.00 p.m.
7.00-7.30 p.m.
7.30-8.30 p.m.

MAJOR TRAUMA
Dr. John Hollingsworth
Recent Advances in Major Trauma management
Break
Iolo Griffith
Paramedic advances in pre-hospital trauma care

SESSION 4
7 February 2017
6.00-7.00
7.00-7.30 p.m.
7.30-8.30 p.m.

HEALTH INEQUALITIES
Teresa Owen
Inequalities in health - theory and evidence
Break
Dr. Chris Johnson
Application in North Wales

SESSION 5
14 March 2017
6.00-7.00 p.m.
7.00-7.30 p.m.
7.30-8.30 p.m.

CARDIAC HEALTH: FACT, FICTION
AND THE FUTURE
Dr. John Hung
*How best to fur up your arteries - atherosclerosis
update*
Break
Dr. Scott W. Murray
*Personalised Prevention to Eradicate Heart
Attacks*

SESSION 6
4 April 2017
6.00-7.00 p. m.
7.00-7.30 p.m.
7.30-8.30 p.m.

NATURE/NURTURE AND DISEASE
Professor Thomas Caspari
*Novel insights into the origins of Parkinson's
Disease*
Break
Dr. David Pryce
Can we ever be immune to cancer?

HEALTH AND WELLBEING PUBLIC LECTURE SERIES VII October 2016 – April 2017

Venue Cymru, Llandudno

Tuesday Evenings 6.00 p.m. - 8.30 p.m.
Free to attend but registration essential
to book your place

Certificate of Attendance will be provided on request

For more information or to book a place
please contact Louise Duller on l.duller@gllm.ac.uk
Or telephone: 01492 546666 Ext. 1296
www.bangor.ac.uk/health-and-wellbeing